



**The MADD Dash 5K...A Resolution Run**  
**10<sup>th</sup> Annual Year, Sponsored by: Take...The First Step Club**

Thank you to all of our sponsors : Target Printing & Copying, The Running Center, Froyo, Sweetbay, Boston Bill, Ralph Fortson, Suncoast Running, Sports Authority

**Awards**

- Male/Female Overall
- Male/Female High School Overall
- Male/Female Master
- Male/Female Grandmaster
- Standard 5 year age groups (9 & under through 80+)

- Shirts for first 300 registrants
- Ribbons for Kids 1 Mile Fun Run
- (Trophies/Shirts not mailed)

**For more information contact:**

Lynn Gray, Race Director  
 Cell: (813) 453-7885

**Begin 2012 on the right foot!**

**Date:** January 7, 2012  
**Start time:** 8:00 AM  
**Kids 1 Mile Fun Run Start Time:** 9:00 AM  
**Location:** Al Lopez Park, Tampa, FL

Shirts, goodie bags, raffles & refreshments!

**5K Registration\*:** \$15 for Take...The First Step Club members  
 \$15 for High School Students  
 \$20 **before** December 21  
 \$25 after December 21 and on race day

**Kids Fun Run Registration\*:** 5 & Under Free  
 \$5 for kids 6-12 **before** December 21  
 \$10 for kids 6-12 after December 21 and race day

**Registration at:** Take...The First Step Center  
 The Running Center  
 Online at [www.active.com](http://www.active.com)  
 Race morning

RACE PROCEEDS TO BENEFIT



Visit our website at [www.takethefirststepclub.com](http://www.takethefirststepclub.com) for a printable copy of the registration form.

**First Name**

**MI**

**Last Name**

**Home Address (Number & Street)**

**Apt. #**

**City**

**Zip Code**

**Age** (on race day)

Female

Male

**E-mail**

Check here if you are a Take...The First Step Club Member. If you would like to join, include \$25.

**Shirt Size:**  S  M  L  XL  Youth L  Youth M (Shirt sizes can't be guaranteed for late registration)

**Payment Method:**  Cash  Check Make check payable to Take...The First Step Club. Mail or drop off check and completed form to Take...The First Step Center, Village Corners, 4526 W. Village Dr., Tampa, FL 33624

In consideration of this entry, I, for myself, my heirs, devisees, executors, administrators and assigns hereby waive, release and discharge any and all claims against Take...The First Step, Lynn Gray, Florida Race Place Magazine, City of Tampa Parks Dept, organizations sponsoring or conducting this event, or their employees, representatives, or successors, for any and all damages or injuries I may suffer. I hereby grant permission for the free use of my name and picture in any broadcast, brochure or account of this event. Insurance does not cover these activities: baby joggers, bicycles, animals, audio headsets.

**Signature (Parent/Guardian if under 18)**

**Date**